



QUALIFICATIONS  
NETWORK

A photograph showing a man and a woman kneeling on a grey mat, practicing life support techniques on a mannequin. The man, on the left, is wearing a light blue polo shirt with a red heart and ECG logo on the chest and dark trousers. He is leaning forward, looking at the mannequin. The woman, on the right, is wearing a grey long-sleeved top and dark trousers. She is also leaning forward, looking at the mannequin. The mannequin is lying on its back on the mat. In the bottom left corner, there is a white card with the 'A&D' logo. The background is a plain, light-colored wall.

QNUK Level 2 Award in  
Basic Life Support  
(Adults and Children) (RQF)  
Qualification Specification

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# QNUK Level 2 Award in Basic Life Support (Adults and Children) (RQF)



## 1. Introduction

Qualifications Network Limited (QNUK) is an Awarding Organisation recognised and regulated by the Office of Qualifications and Examinations (Ofqual) in England, the Council for Curriculum, Examinations and Assessment (CCEA) in Northern Ireland and Qualifications Wales.

This specification outlines key information required by users of the qualification to ensure they can make an informed decision about the suitability of the qualification they are taking or proposing to take for the purposes that they intend to use it.

## 2. Contact us

Please get in touch if you need any advice or guidance with this qualification.

### Head Office:

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## 3. Document control

<b>Document owner:</b>	Qualifications Manager
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Version	Date reviewed	Section	Details
V1	N/A	N/A	Original
V4	Sept 2022	All	Redesign layout
V5	May 2024	10, 12, 18	Added overall grading, added reference to reasonable adjustments policy. Addition of IQA requirements.

# QNUK Level 2 Award in Basic Life Support (Adults and Children) (RQF)

## 4. Qualification objective

This qualification has been developed for those individuals looking to learn basic life support for adults and children. The qualification may support a role in a workplace across any industry, particularly health care, or those participating in any form of social, leisure or sporting activities.

## 5. Sector support and industry recognition

This Qualification has been developed in line with the UK Resuscitation council guidelines.

## 6. Geographical coverage of this qualification

This qualification is available across the UK and internationally. Learners are assessed to UK Resuscitation council guidelines.

## 7. Benefit to learners

Learners will benefit by learning basic life support procedures for adults, children and infants.

## 8. Progression

Learners could progress to the:

- QNUK Level 3 Award in Responding to Incidents with an AED (RQF)
- QNUK Level 3 Award in Emergency First Aid at Work (RQF)
- QNUK Level 3 Award in First Aid at Work (RQF)
- QNUK Level 3 Award in First Aid Trauma and Casualty Care - Emergency (RQF)
- QNUK Level 3 Award in First Aid Trauma and Casualty Care (RQF)

## Combined qualifications

N/A

## 9. Recognition of prior learning

QNUK does not accept applications for recognition of prior learning for this qualification.

## 10. Qualification information

<b>Qualification Number (QN):</b>	603/2612/8
<b>Learning Aim:</b>	60326128
<b>Total Qualification Time (TQT):</b>	3
<b>Guided Learning Hours (GLH):</b>	3
<b>Credit value:</b>	N/A
<b>Level:</b>	2
<b>Validity:</b>	1 year
<b>Assessment:</b>	Observed practical tasks
<b>Achieving the qualification:</b>	Learners must achieve the single unit

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Overall grading	Pass/fail
Time to complete:	Learners must complete the qualification within 4 weeks

## 11. Qualification structure

Mandatory units					
Unit No.	Unit Title	Level	GLH	TUT	Credit
D/616/6801	Basic Life Support for Adults and Children	2	3	3	N/A

### Rules of combination

Learners must successfully complete the mandatory unit.

## 12. Learner entry requirements

Any prior knowledge, skills, understanding or qualifications that are required to undertake this qualification are outlined below:

Learners should be a minimum of 14 years to undertake this qualification.

Learners must demonstrate first aid procedures as part of their assessment, including providing CPR to a casualty on the floor. Therefore, learners must be physically capable of performing CPR on the floor.

There are no other pre-requisites for this qualification.

### Reasonable adjustments

The equality Act 2010 requires Awarding Organisations to make reasonable adjustments where a disabled person would be at a substantial disadvantage in undertaking an assessment. Some adjustments may be individual to the learner and aligned to their normal way of working.

How reasonable an adjustment is, will depend on a number of factors including the needs of the individual. An adjustment may not be reasonable if it involves unreasonable costs, timeframes or the security and integrity of the qualification.

There is no requirement to adjust the assessment criteria being tested and adjustments should be inline with the purpose of the qualification.

Reasonable adjustments should be applied, before a learner is assessed, therefore centres need to ensure they identify any reasonable adjustment requirements in time for such adjustments to be made safely.

Further information can be found in our reasonable adjustments policy:

- <https://qualifications-network.co.uk/policies/>

### Language of the assessment

Learners must have sufficient command of the English language to understand and undertake the recommended assessment methods for this qualification.

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Learners may use BSL, however in these cases centres may be asked to video record assessments for verification purposes.

## 13. Learner identification

Anyone undertaking a regulated qualification is required to prove their identity. This ensures only those with a genuine claim to the qualification can make that claim.

Learners who are unwilling or unable to provide a copy of their identification prior to assessment will not be able to complete their qualification.

Identification documents should reflect the learner's current legal name. Certificates will be issued in this name.

Learners are required to provide at least 1 form of photo I.D. If photo I.D is not available, 2 forms of non-photographic I.D can be produced.

Acceptable forms of photographic I.D (1 required) are:

- Signed UK Photo card driving licence
- Signed passport (any nationality)
- Valid EU Photo identity card
- SIA security licence (with photo)
- Current and valid warrant card issued by HM forces or Police
- Current and valid Prison service card (with photo)
- Proof of age card
- Employee photo identification card
- Student photo identification card for a recognised educational establishment
- Firearms license (with photo)

Acceptable forms of non-photographic I.D (2 required) are:

- Current driving license – paper version
- Birth certificate
- Marriage/civil partnership certificate
- Mortgage statement (issued within past 12 months)
- Bank or building society statement (issued within last 3 months)
- Bank or building society account opening confirmation letter (issued within last 3 months)
- Credit card statement (issued within last 3 months)
- Pension or endowment financial statement (issued within last 12 months)
- P45 or P60 statement (issued within last 12 months)
- Council tax statement (issued within last 12 months)
- Valid work permit or visa issue by UK government
- Utility bill – excluding mobile phone bill (issued within last 3 months)
- Benefit statement e.g. child benefit, pension (issued within last 3 months)

## 14. Delivery requirements

This qualification is delivered in a face-to-face setting over a minimum of a 3-hour period. Learners should complete the qualification within 4 weeks.

### Venue requirements

Venues should be suitable for learning and meet all relevant Health and Safety requirements.

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Venues should:

- have suitable light and heat
- be a suitable temperature
- be free from obtrusive noise and odours
- have sufficient seating
- have suitable surfaces for note taking
- be of a suitable size for learners (approximately 11m<sup>3</sup> per learner in a room with 3m high ceilings)
- have access to toilets and welfare facilities
- have access to refreshment facilities

## Equipment requirements

Centres are responsible for ensuring this qualification is delivered using the following equipment as a minimum.

- suitable presentation materials
- reference material (Learners may be required to purchase these separately)
- suitable number of adult resuscitation manikins (one manikin per four learners)
- suitable number of child resuscitation manikins (one manikin per four learners)
- suitable number of infant resuscitation manikins (one manikin per four learners)
- suitable manikin disinfectant wipes
- suitable number of AED training devices (one unit per four learners)
- other first aid equipment as appropriate for the individual setting

Other resources may be provided by the centre to support effective learning. These resources may include:

- Posters
- Realia
- Online quizzing
- Videos
- Equipment to support scenario based learning and assessment

## Blended learning

Blended learning is not accepted for this qualification.

## Reference material

Learners will benefit from suitable reference materials. Examples include:

- Voluntary Aids Society First Aid Manual
- Emergency First Aid at Work Manual from QNUK resources
- Handouts related to current UK Resuscitation council basic life support protocols

## Assessor to learner ratio

The maximum assessor to learner ratio for this qualification is 1: 12

## 15. Centre personnel requirements

Centres are required to ensure anyone involved in the delivery, assessment and quality assurance of our qualifications are registered with QNUK and approved to deliver, assess or quality assure the qualification.

Any courses delivered without the above approval will be invalidated.

Internal quality assurers are required to ensure that trainers, assessors and quality assurance staff, and their records, including qualification certificates and CPD are up to date and maintained.

# QNUK Level 2 Award in Basic Life Support (Adults and Children) (RQF)

## Trainers/ assessors

Specific details related to the training, assessing, subject knowledge and CPD requirements are outlined in our delivery resource requirements document. This is available on our website and must be read in conjunction with these requirements to refer to the appropriate appendix.

Those involved in the delivery and assessment of this qualification must:

1. Hold a suitable first aid or medical qualification (type 1) appendix 4, **and**
2. Hold a teaching qualification as listed in appendix 1, **and**
3. Hold an assessing qualification (type 1) as listed in appendix 1, **and**
4. Show current evidence of continuing professional development in teaching, assessment and the subject matter, **and**
5. Provide an acceptable log of teaching first aid within the last 3 years **or**
6. Provide an acceptable record of competently teaching theoretical and practical first aid sessions under the supervision of a suitably qualified assessor

## Internal quality assurers

Internal quality assurers for this qualification must meet the above trainer/ assessor requirements.

They should also:

1. meet the qualification requirement for IQAs (type 1) listed in appendix 2 **and**
2. show current evidence of continuing professional development in assessment, quality assurance and the subject matter.

## 16. Assessment requirements

Learners are assessed for this qualification using the following method:

- Practical observations

### Practical observations

Learners are required to undertake a number of practical observations.

These practical assessments can be in a simulated environment however, they should be undertaken as it would in a real environment and in line with the purpose of the qualification.

<b>Language of assessment:</b>	English
<b>Duration:</b>	As required
<b>Pass mark:</b>	100%
<b>Grading:</b>	Pass / Fail

### Resits

If a learner is unsuccessful with any part or parts of the practical assessment, they can have a second attempt. This must be taken within the time allowed for completion of the qualification.

If a learner fails a second attempt, with or without additional training, they will have failed the qualification and will not be eligible for further attempts.



## **17. Moderation**

This qualification has been rated as QNUK as medium risk. As centre assessors are responsible for assessment decisions, it is subject to both moderation and verification.

Moderation will initially require QNUKs EQA department to moderate or check each assessment decisions. We will ensure centres assessment decisions in regard to practical skills in this, or a closely related subject are verified.

The level of moderation and verification is dependent on the risk level of the centre.

Direct claims status (DCS) may be available for medium or low risk centres who have demonstrated consistent high levels of quality assurance. DCS is reviewed regularly at intervals determined by our Centre Assessment Standards Scrutiny Strategy (CASSS).

## **18. Internal quality assurance**

Centres are responsible for ensuring those assessing this qualification are sampled and monitored to ensure they are assessing to the same standard and that assessment decisions applied across a range of assessors is consistent and fair.

The amount of sampling should be outlined in the centres sampling strategy and should be risk based; low risk assessors may be sampled less frequently than high risk assessors.

All IQA activities should be recorded with comments made in terms of any observations made and actions to be taken. This should be submitted with cohort paperwork and IQA reports should be uploaded to MyQNUK.

All IQA activity should occur before EQA Activity.

Centres who fail to undertake or upload IQA activity related to this qualification may have the qualification removed and may face additional sanctions.

## **19. Results**

The centre is required to submit learner results within 10 working days of assessment to Qualifications Network UK for moderation.

We will issue verified results and appropriate certification to the approved centre within 10 working days of receiving the results.

Centres with DCS will have certificates issued within 7 days.

Centres will forward results and/or certificates to learners, who can expect to receive them within 24 working days of taking the assessment. If learners have not received results and/or certificates within 28 working days, they should contact the centre in the first instance.

If a centre is in a sanction or has been withdrawn from QNUK either voluntarily or otherwise, we reserve the right to send certificates directly to learners.

## 20. Appendix 1: Units of assessment

Unit 1 | Basic Life Support for Adults and Children

| D/616/6801

### Unit summary:

In this unit the learner will develop the skills and knowledge to provide basic life support to adult and children

<b>LO 1</b>	<b>The learner will be able to support a casualty who is unresponsive and not breathing normally</b>
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Assessment Criteria		Types of evidence
<b>The learner can:</b>		
<b>1.1</b>	Conduct a primary survey of a casualty	Obs
<b>1.2</b>	Conduct a primary survey on <ul style="list-style-type: none"> <li>• an infant</li> <li>• a child</li> </ul>	Obs
<b>1.3</b>	Summon appropriate assistance when necessary	Obs
<b>1.4</b>	Identify when to administer Cardiopulmonary Resuscitation (CPR)	Obs
<b>1.5</b>	Demonstrate adult CPR using a manikin	Obs
<b>1.6</b>	Demonstrate CPR using: <ul style="list-style-type: none"> <li>• an infant manikin</li> <li>• a child manikin</li> </ul>	Obs

<b>LO 2</b>	<b>The learner will be able to support a casualty who is unresponsive and breathing normally</b>
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Assessment Criteria		Types of evidence
<b>The learner can:</b>		
<b>2.1</b>	Identify when to place a casualty into the recovery position	Obs
<b>2.2</b>	Demonstrate how to place an infant into the recovery position	Obs
<b>2.3</b>	Demonstrate how to place: <ul style="list-style-type: none"> <li>• an adult into the recovery position</li> <li>• a child into the recovery position</li> </ul>	Obs

<b>2.4</b>	Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position	Obs
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**LO 3    The learner will be able to support a casualty who is choking**

	Assessment Criteria	Types of evidence
<b>The learner can:</b>		
<b>3.1</b>	Identify when a casualty is choking	Obs
<b>3.2</b>	Demonstrate how to administer first aid to an infant who is choking	Obs
<b>3.3</b>	Demonstrate how to administer first aid to: <ul style="list-style-type: none"> <li>• an adult who is choking, or</li> <li>• a child who is choking</li> </ul>	Obs

**21. Appendix 2: Indicative content**

**D/616/6801    Basic Life Support for Adults and Children**

**What needs to be learnt?**

The primary survey sequence may include:

- 1.1**
- Danger
  - Response
  - Airway
  - Breathing
  - Circulation

The primary survey sequence may include:

- 1.2**
- Danger
  - Response
  - Airway
  - Breathing
  - Circulation

Summoning appropriate assistance may include:

- 1.3**
- Shouting for help
  - Calling 999/112 via speakerphone or bystander
  - Leaving the casualty to call 999/112
  - Calling an NHS emergency helpline such as 111

Identifying when to administer CPR must include:

- 1.4**
- When the casualty is unresponsive and:
    - Not breathing
    - Not breathing normally/agonal breathing

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Demonstrating CPR must include:

- 30 chest compressions
    - Correct hand positioning
    - 5-6cm compression depth
    - 100-120 per minute
  - 2 rescue breaths
    - Correct rescue breath positioning
    - Blowing steadily into mouth (about 1 sec to make chest rise)
    - Taking no longer than 10 seconds to deliver 2 breaths
  - AED (Defibrillator)
    - Correct placement of AED pads
    - Following AED instructions
- 1.5**

CPR – minimum demonstration time of 2 minutes at floor level. May additionally include use of rescue breath barrier devices

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Demonstrating CPR must include:

- 5 initial rescue breaths
  - 30 chest compressions
    - Correct hand positioning
    - Correct compression depth for infant and child
    - 100-120 per minute
  - 2 rescue breaths
    - Correct rescue breath positioning
    - Blowing steadily into mouth (about 1 sec to make chest rise)
    - Taking no longer than 10 seconds to deliver 2 breaths
  - AED (Defibrillator)
    - Correct placement of AED pads
    - Following AED instructions
- 1.6**

CPR – minimum demonstration time of 2 minutes (at floor level for child manikin). May additionally include use of rescue breath barrier devices.

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Identifying when to place the casualty into the recovery position should include when the casualty has lowered levels of response and:

- Does not need CPR
  - Is breathing normally
  - Is uninjured
- 2.1**

An injured casualty may be placed in the recovery position if the airway is at risk (e.g. fluids in the airway or you need to leave the casualty to get help)

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Placing a casualty into the recovery position may include:

- Placing in a position that maintains a stable, open, draining airway, normally a holding position for infants
  - Continually monitoring airway and breathing
  - Placing an infant in a suitable position on the floor, with support if needed, for example if there are multiple casualties to deal with
- 2.2**

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Placing a casualty into the recovery position may include:

- Placing in a position that maintains a stable, open, draining airway at floor level
  - Continually monitoring airway and breathing
  - Turning the casualty onto the opposite side every 30 minutes
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Continually monitoring airway and breathing includes:

- 2.4**
- Continual checking for normal breathing to ensure that cardiac arrest can be identified immediately

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Identifying mild choking may include recognising the casualty is able to:

- Speak
- Cough
- Breathe

**3.1** Identifying severe choking may include recognising the casualty is:

- Unable to cough effectively
- Unable to speak
- Unable or struggling to breathe
- In visible distress
- Unconscious

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Administering first aid for choking should include the following:

- 3.2**
- Encouraging to cough
  - Up to 5 back blows
  - Up to 5 chest thrusts
  - Calling 999/112 when required
  - CPR if unconscious

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Administering first aid for choking should include the following:

- 3.3**
- Encouraging to cough
  - Up to 5 back blows
  - Up to 5 abdominal thrusts
  - Calling 999/112 when required
  - CPR if unconscious

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**Adult or child:** the learner may apply their skills or knowledge to either an adult or a child first aid situation because the recognition/treatment would be the same.

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Rationale for level	Level	Emphasis	Comments
Knowledge	2	Strong	
Skills	2	Strong	
Overall	2		

Rationale for TQT and credit	Hours	Comments
Guided learning:	3	
Directed study:	0	
Independent study:	0	
Work-based learning:	0	
Non invigilated assessment:	0	
TUT:	3	
Credit value:	1	

## 22. Appendix 3: Command verbs

To ensure that learners can meet the requirements of each criterion, they should be explained to the learner prior to assessment and fully understood by the Assessor for this qualification.

<b>Conduct</b>	Carry out
<b>Demonstrate</b>	Apply skills in a practical situation and/or show an understanding of the topic
<b>Identify</b>	Provide brief information about a subject, specific process, or activity

## 23. Appendix 3: Specimen Assessment material

As this qualification is assessed entirely by observations of practical tasks, there is no appropriate specimen assessment material for a learner to familiarise themselves with.

The assessor will be suitably qualified and experienced to understand when learners are practising skills at a level of competence which is likely to lead to a successful outcome. Once Learners are equally confident to progress, the assessor will establish a suitable assessment environment for each learner to demonstrate their skills in line with the requirements of this qualification, which will be assessed, and the assessor will maintain accurate observation records to provide evidence of each learner's performance.