

Qualification Specification

QNUK Level 3 Award in
Paediatric First Aid (RQF)

603/0559/9

Contents

| | |
|--|----|
| 1. Introduction | 2 |
| 2. Contact Us..... | 2 |
| 3. Version Number..... | 2 |
| 4. Qualification Objective | 3 |
| 5. Geographical Coverage of this Qualification | 3 |
| 6. Benefit for Learners | 3 |
| 7. Progression | 3 |
| 8. Recognition of Prior Learning | 3 |
| 9. Complementary Courses | 3 |
| 10. Qualification Information | 3 |
| 11. Qualification Structure..... | 4 |
| 12. Learner Entry Requirements..... | 4 |
| 13. Delivery | 4 |
| 13.1. Venue Requirements | 4 |
| 13.2. Equipment Requirements..... | 4 |
| 13.3. Blended Learning..... | 5 |
| 13.4. Trainer to Learner Ratio | 5 |
| 14. Centre Personnel Requirements..... | 5 |
| 15. Assessment Requirements | 6 |
| 15.1. Multiple-Choice Question Paper | 6 |
| 15.2. Practical Tasks..... | 6 |
| 16. Moderation | 7 |
| 17. Reasonable Adjustments | 7 |
| 18. Results..... | 7 |
| Appendix 1: Units | 8 |
| Appendix 2: Specimen Assessment Material | 14 |

1. Introduction

Qualifications Network Limited (QNUK) is an Awarding Organisation recognised and regulated by the Office of Qualifications and Examinations (Ofqual) in England, the Council for Curriculum, Examinations and Assessment (CCEA) in Northern Ireland and Qualifications Wales.

This specification outlines key information required by users of the qualification to ensure they can make an informed decision about the suitability of the qualification they are taking or proposing to take for the purposes that they intend to use it.

2. Contact Us

Please get in touch if you need any advice or guidance with this qualification.

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3. Version Number

Centres should make sure they are using the most up to date document by checking the footer which will confirm the current version number.

Version 3: Dec 2021 – new qualification template applied

| | |
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4. Qualification Objective

This qualification is aimed at those in employment or seeking to enter employment in an early year setting. The qualification develops the learner's skills, knowledge and understanding of a range of paediatric first aid situations and will support a role in an early year setting where performing paediatric first aid may be required. The qualification meets the requirements of the 'Statutory framework for the early years foundation stage: Setting the standards for learning, development and care for children from birth to five' (April 2017).

5. Geographical Coverage of this Qualification

This qualification is available in England, Wales and Northern Ireland.

6. Benefit for Learners

This qualification will provide learners with the skills, knowledge and understanding to support individuals in carrying out a paediatric first aid role in an early year setting.

7. Progression

Learners could progress to the:

- QNUK Level 3 Award in Responding to Anaphylactic Reactions (RQF)
- QNUK Level 3 Award in First Aid at Work (RQF)

8. Recognition of Prior Learning

QNUK would welcome requests for recognition of prior learning (RPL) where a learner is able to provide sufficient, reliable and valid evidence, such as having attended the QNU Level 3 Award in Emergency Paediatric First Aid (RQF) within the past 5 weeks. All assessments must be completed within 6 weeks of the first session.

9. Complementary Courses

This qualification may be offered as part of a combined first aid course alongside other workplace first aid qualifications such as the QNUK Level 3 Award in Forest School First Aid (RQF) or the QNUK Level 3 Award in Emergency First Aid at Work (RQF); additional learning time must be allowed for combined courses.

This qualification will complement any course, providing the learner with an additional skillset enhancing employability.

10. Qualification Information

| | |
|--------------------------------|--|
| Qualification Number (QN) | 603/0559/9 |
| Learning Aim | 60305599 |
| Total Qualification Time (TQT) | 16 |
| Guided Learning Hours (GLH) | 12 |
| Credit value | 2 |
| Level | 3 |
| Validity | 3 years |
| Assessment | Invigilated MCQ paper and observed practical tasks |
| Achieving the qualification | Learners must achieve the two mandatory units |

11. Qualification Structure

| Unit No. | Unit Title | Level | Credit | GLH |
|------------------------|---|-------|--------|-----|
| Mandatory units | | | | |
| R/615/2426 | Emergency Paediatric First Aid | 3 | 1 | 6 |
| L/615/2425 | Managing Paediatric Illness, Injuries and Emergencies | 3 | 1 | 6 |

The learning outcomes for the qualification may be found in Appendix 1. The Assessment Guidance details the assessment criteria which are used to determine if a learner has met the requirements of the learning outcomes. Further depth of coverage is also provided in the Assessment Guidance.

12. Learner Entry Requirements

There are no specific recommended prior learning requirements for this qualification. Entry is at the discretion of the centre. This qualification is aimed at learners 16 years and over who are able to undertake the responsibilities of a paediatric first aider.

Learners aged under 16 may take the qualification; however, they should not be relied upon to be the sole paediatric first aider. This course is not recommended for learners under the age of 12 due to the physical nature of some of the assessment criteria.

Learners must demonstrate first aid procedures as part of their assessment, including providing CPR to a casualty on the floor. Therefore, learners must be physically capable of performing CPR on the floor.

Learners must have sufficient command of the English language to understand and undertake the recommended assessment methods for this qualification.

There are no other pre-requisites for this qualification. However, learners should be able to work at level 2 and above.

13. Delivery

This qualification is delivered in a face-to-face setting over a two-day period. Learners should complete the qualification within 6 weeks.

13.1. Venue Requirements

The training venue should be suitable for learning and meet all relevant Health and Safety requirements.

13.2. Equipment Requirements

Each centre offering this qualification should ensure the following are available:

- suitable presentation materials
- reference manual (Learners may be required to purchase these separately)
- suitable number of resuscitation manikins (one infant and one child manikin per four learners)
- suitable manikin disinfectant wipes
- suitable number of AED training devices (one unit per four learners)
- first aid kits containing a range of equipment including dressings and bandages as appropriate for the work environment
- a range of adrenaline auto injector training devices for anaphylaxis
- other first aid equipment as appropriate for the individual setting

13.3. Blended Learning

Blended learning is acceptable for this qualification provided suitable controls are in place to ensure learners complete all elements.

13.4. Trainer to Learner Ratio

The maximum Trainer to learner ratio for this qualification is 1:12

14. Centre Personnel Requirements

This qualification is delivered by suitably qualified trainers.

All those who deliver and assess this qualification must:

1. Hold a current First Aid at Work Certificate (issued by an Ofqual/SQA/Welsh Government recognised Awarding Organisation/Body, a First aid at work issued by a Recognised Voluntary Aids Society; or
2. Hold a regulated Pre-hospital care course at level 3 or above; or
3. Hold a current Offshore First Aid Certificate issued by a HSE approved training provider **or**
4. Have a current registration as a Doctor with the General Medical Council (GMC). **Or**
5. Have a current registration as a Nurse with the Nursing and Midwifery Council (NMC). **Or**
6. Have a current registration as a Paramedic with the Health and Care Professions Council (HCPC).
7. Hold one of the following qualifications or their recognised equivalent:
 - a. Cert Ed/PGCE/B Ed/M Ed
 - b. CTLLS/DTLLS
 - c. PTLLS (12 credits)
 - d. Further and Adult Education Teacher's Certificate
 - e. IHCD Instructional Methods
 - f. IHCD Instructor Certificate
 - g. S/NVQ level 3 in training and development
 - h. S/NVQ level 4 in training and development
 - i. TQFE (Teaching Qualification for Further Education)
 - j. English National Board 998
 - k. Nursing mentorship qualifications
 - l. NOCN Tutor Assessor Award
 - m. Level 3 Award in Education and Training (QCF/RQF)
 - n. Level 4 Certificate in Education and Training (QCF/RQF)
 - o. Level 5 Diploma in Education and Training (QCF/RQF)
8. If none of the above teaching/assessing qualifications are held, delivery staff must hold both a teaching qualification AND assessing qualification from the list below
 - a. Accredited Qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development (Teaching)
 - b. Training Group A22, B22, C21, C23, C24 (Teaching)
 - c. SQA Accredited Planning and Delivering Learning Sessions to Groups (Teaching)
 - d. A1 (D32/33) – Assess candidates using a range of methods (Assessing)
 - e. A2 (D32) – Assess candidates' performance through observation (Assessing)
 - f. Regulated Qualifications based on the Learning and Development NOS 9 Assess Learner Achievement (Assessing)
 - g. SQA Accredited Learning and Development Unit 9DI – Assess workplace competences using direct and indirect methods – replacing Units A1 and D32/33 (Assessing)
 - h. SQA Accredited Learning and Development Unit 9D - Assess workplace competence using direct methods – replacing Units A2 and D32 (Assessing)

- i. SQA Carryout the Assessment Process (Assessing)
- j. Level 3 Award in Assessing Competence in the Work Environment (QCF/RQF) (Assessing)
- k. Level 3 Award in Assessing Vocationally Related Achievement (QCF/RQF) (Assessing)
- l. Level 3 Award in Understanding the Principles and Practices of Assessment (QCF/RQF) (Assessing)
- m. Level 3 Certificate in Assessing Vocational Achievement (QCF/RQF) (Assessing)
- n. Assessor/IQA CPD Day (Assessing)

9. Show current evidence of continuing professional development in teaching, assessment and the subject matter.

Internal Quality Assurance Requirements

Each centre must have access to a suitably qualified IQA. The IQA cannot verify the delivery or assessment of individual learners or cohorts of learners where the IQA has been involved in the delivery or assessment of the qualification for those learners.

All those who are involved with the quality assurance of this qualification **internally** must:

1. have up-to-date working knowledge and experience of best practice in assessment and quality assurance;
2. meet the delivery staff requirements for this qualification:
3. hold one of the following internal quality assurance qualifications or their recognised equivalent:
 - a. Level 4 Award in Internal Quality Assurance of Assessment Processes and Practice (QCF/RQF); or
 - b. Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice (QCF/RQF); or
 - c. V1 Conduct internal quality assurance of the assessment process; or
 - d. D34 Internally verify the assessment process; or
 - e. Have completed a 7-hour assessor and IQA CPD training with an awarding organisation, and
4. show current evidence of continuing professional development in assessment, quality assurance and the subject matter.

15. Assessment Requirements

Learners are assessed for this qualification through:

15.1. Multiple-Choice Question Paper

The MCQ paper will be taken under examination conditions, i.e. learners will sit a minimum of 1.25 metres apart, will not confer during the examination and no electronic devices (such as mobile phones) or books, including dictionaries, will be permitted.

| | |
|------------------------|-------------|
| Language of assessment | English |
| Duration | 60 minutes |
| Pass mark | 70% (28/40) |
| Grading | Pass/Fail |

Example MCQs are included at Appendix 2.

15.2. Practical Tasks

Learners are assessed completing several practical paediatric first aid tasks.

| | |
|------------------------|---------|
| Language of assessment | English |
|------------------------|---------|

| | |
|-----------|-------------|
| Duration | As required |
| Pass mark | 100% |
| Grading | Pass/Fail |

16. Moderation

The level of external moderation required for this qualification will be risk based and in line with the Centre Assessment Standards Scrutiny Strategy applicable to this qualification.

There may be situations within the centre devised assessment methodology that require observations, in these situations QNUK EQA Department will also require to conduct verification visits to ensure the accuracy and consistency of assessment decisions.

QNUK EQA Department will advise the centre of the required levels of moderation/verification to anticipate for this qualification upon centre approval for delivery.

17. Reasonable Adjustments

Learners are required to complete the assessments in a manner appropriate to the purpose of the qualification.

The qualification requires learners to be able to perform relevant practical Paediatric first aid tasks during the summative assessment, some of which may be on the floor. This is a mandatory requirement for all learners to be able to demonstrate these activities and no adjustments or considerations can be made for this.

The prescribed assessment methods for this qualification should not unfairly disadvantage learners who would otherwise be able to demonstrate competence in line with the purpose of the qualification. Learners should contact their centre to discuss reasonable adjustment if they feel the prescribed assessment methods would disadvantage them.

18. Results

The centre is required to submit learner results within 10 working days of assessment to Qualifications Network UK for moderation. We will issue verified results and appropriate certification to the approved centre within 7 working days of receiving the results. Centres will forward results and/or certificates to learners, who can expect to receive them within 20 working days of taking the assessment. If learners have not received results and/or certificates within 25 working days, they should contact the centre in the first instance.

Appendix 1: Units

Unit 1 Emergency Paediatric First Aid (R/615/2426)

Unit Summary

The learner will develop the skills, knowledge and understanding to deal effectively with a range of emergencies in an early year setting requiring paediatric first aid.

| 1. The learner will: Understand the role and responsibilities of the paediatric first aider | | |
|---|---|-------------------|
| Assessment Guidance | | Types of Evidence |
| 1.1 | The learner must identify the role and responsibilities of a paediatric first aider including preventing cross infection; the need for recording incidents and actions; safe use of available equipment; assessing an incident; summoning assistance; prioritising treatment; dealing with post incident stress; contents of a paediatric first aid box. | MCQ |
| 1.2 | The learner must identify how to minimise the risk of infection to self and others including importance of handwashing; using sterile equipment; using equipment correctly; correct disposal of used, disposable first aid equipment; the term 'others' relates to the infant or child receiving first aid, work colleagues, parents, carers, other people within the infant or child's environment. | MCQ |
| 1.3 | The learner must identify differences between an infant and a child for the purposes of first aid treatment including the age ranges of infants and children. | MCQ |

| 2. The learner will: Be able to assess an emergency situation safely | | |
|--|---|-------------------|
| Assessment Guidance | | Types of Evidence |
| 2.1 | The learner must conduct a scene survey showing an awareness of the environment, other hazards, bystanders and available first aid equipment. | Observation |
| 2.2 | The learner must conduct a primary survey on an infant and a child including Danger, Response, Airway, Breathing; recognise differences in a primary survey for an infant and a child. | Observation |
| 2.3 | The learner must summon appropriate assistance when necessary including the type of assistance required on completion of the primary survey, i.e. bystander or emergency services. | Observation |

| 3. The learner will: Be able to provide first aid for an infant and a child who is unresponsive | | |
|---|---|-------------------|
| Assessment Guidance | | Types of Evidence |
| 3.1 | The learner must identify when to administer Cardiopulmonary Resuscitation (CPR) to an infant and a child differentiating between casualties who require resuscitation and those who should be placed in the recovery position; to be aware of agonal gasps. | Observation |
| 3.2 | The learner must demonstrate CPR using an infant and a child manikin in accordance with current Resuscitation Council (UK) guidelines; use of an AED including the placement of pads and following of AED instructions. | Observation |

| | | |
|-----|--|-------------|
| 3.3 | The learner must identify when to place an infant or a child into the recovery position differentiating between casualties who require resuscitation and those who should be placed into the recovery position. | MCQ |
| 3.4 | The learner must demonstrate how to place an infant and a child into the recovery position in accordance with current Resuscitation Council (UK) guidelines; positions must include standard recovery position for a child and a modified position for an infant. | Observation |
| 3.5 | The learner must demonstrate continual monitoring of breathing for an infant and a child whilst they are in the recovery position and be aware of the importance of monitoring breathing; monitoring response levels, skin tone and pulse. | Observation |
| 3.6 | The learner must identify how to administer first aid to an infant or a child who is experiencing a seizure including assistance should be in accordance with current first aid practice; when to seek help; positioning of casualty; actions to be taken; importance of timing the seizure; what not to do; awareness that a seizure is a possible sign of a cardiac arrest. | MCQ |

| | | |
|---|---|--------------------------|
| 4. The learner will: Be able to provide first aid for an infant and a child who is choking | | |
| Assessment Guidance | | Types of Evidence |
| 4.1 | The learner must identify when choking is mild and severe including the recognition features of a mild and severe obstruction of the airway in both an infant and a child. | MCQ |
| 4.2 | The learner must demonstrate how to administer first aid to an infant and a child who is choking following the treatment protocol for choking casualties in accordance with current Resuscitation Council (UK) guidelines; both mild and severe obstruction; treatment for a conscious and unconscious choking casualty; does not include use of mechanical devices. | Observation |

| | | |
|---|---|--------------------------|
| 5. The learner will: Be able to provide first aid for an infant and a child with external bleeding | | |
| Assessment Guidance | | Types of Evidence |
| 5.1 | The learner must identify the severity of external bleeding for an infant and a child and the characteristics of capillary, venous and arterial bleeding. | MCQ |
| 5.2 | The learner must demonstrate how to administer first aid to an infant or a child with external bleeding managing a casualty with a bleed; dressing common wounds to the head, arm, hand and leg; does not include the use of manufactured tourniquets or haemostatic dressings/agents. | Observation |

| | | |
|--|--|--------------------------|
| 6. The learner will: Know how to provide first aid to an infant and a child who is suffering from shock | | |
| Assessment Guidance | | Types of Evidence |
| 6.1 | The learner must recognise when an infant or a child is suffering from shock identifying the common recognition features of a casualty in hypovolaemic shock. | MCQ |
| 6.2 | The learner must identify how to administer first aid to an infant or a child who is suffering from shock following the recommended first aid treatment for hypovolaemic shock including position of the casualty; keeping them warm; nil by mouth; moisten their lips; reassure them; refer to the emergency services. | MCQ |

| 7. The learner will: Know how to administer first aid to an infant and a child with bites, stings and minor injuries | | |
|--|---|-------------------|
| Assessment Guidance | | Types of Evidence |
| 7.1 | <p>The learner must identify how to administer first aid for:</p> <ul style="list-style-type: none">• Bites• Stings• Small cuts• Grazes• Bumps and bruises• Small splinters• Nose bleeds <p>in accordance with current first aid practice, bites to include human and animal; stings are limited to bees and wasps.</p> | MCQ |

Unit 2 Managing Paediatric Illness, Injury and Emergencies (L/615/2425)

Unit Summary

The learner will develop the skills, knowledge and understanding to deal effectively with a range of advanced emergencies in an Early Years setting requiring paediatric first aid.

| 1. The learner will: Be able to provide first aid to an infant or a child with suspected injuries to bones, muscles and joints | | Types of Evidence |
|---|--|--------------------------|
| Assessment Guidance | | |
| 1.1 | The learner must recognise a suspected fracture or dislocation; sprain or strain including common fractures of fingers, arms, legs, ribs; dislocations of fingers, shoulders; recognition of common signs of a sprain or strain. | MCQ |
| 1.2 | The learner must identify how to administer first aid for an infant or a child with a suspected fracture or dislocation; sprain or strain including fractures to fingers, arms, legs, ribs; dislocation of fingers, shoulder; currently accepted paediatric first aid treatment for sprains and strains including sprained ankle. | MCQ |
| 1.3 | The learner must demonstrate how to apply a support sling and an elevated sling using a recognised technique. | Observation |

| 2. The learner will: Be able to provide first aid to an infant or a child with suspected head and spinal injuries | | Types of Evidence |
|--|---|--------------------------|
| Assessment Guidance | | |
| 2.1 | The learner must recognise a suspected head injury and spinal injury including the signs and symptoms related to a mild head injury (concussion) and a severe head injury (cerebral compression/skull fracture); awareness of common causes of head injury and spinal injury in paediatric casualties; common signs and symptoms related to a spinal injury. | MCQ |
| 2.2 | The learner must identify how to administer first aid for an infant or a child with a suspected head injury including treatment of a conscious and unconscious casualty with either mild or severe head injury; management of the injury, casualty position and when the emergency services should be contacted. | MCQ |
| 2.3 | The learner must identify how to administer first aid for an infant or a child with a suspected spinal injury including correct management of a casualty who is conscious; unconscious and breathing; unconscious and not breathing; perform a spinal log roll as part of a team. | Observation |

| 3. The learner will: Know how to provide first aid to an infant or a child with conditions affecting the eyes, ears and nose | | Types of Evidence |
|---|--|--------------------------|
| Assessment Guidance | | |
| 3.1 | The learner must identify how to administer first aid for an infant or a child with a foreign body in the eye, ear and nose including recognition of common foreign objects in the eyes, ears and nose in paediatric casualties; when to remove objects and when not to; when to seek help; dressings as appropriate. | MCQ |
| 3.2 | The learner must identify how to administer first aid for an infant or a child with an eye injury in accordance with current first aid practice including flushing of eyes and appropriate dressing and/or covering of the eye(s). | MCQ |

| 4. The learner will: Know how to provide first aid to an infant or a child with an acute medical condition or sudden illness | | |
|--|---|-------------------|
| Assessment Guidance | | Types of Evidence |
| 4.1 | <p>The learner must recognise suspected:</p> <ul style="list-style-type: none"> • Diabetic emergency • Asthma attack • Allergic reaction • Meningitis • Febrile convulsions <p>including common causes or triggers for each; common signs and symptoms for each condition.</p> | MCQ |
| 4.2 | <p>The learner must identify how to administer first aid for an infant or a child suspected to be suffering from:</p> <ul style="list-style-type: none"> • Diabetic emergency • Asthma attack • Allergic reaction • Meningitis • Febrile convulsions <p>in accordance with current, approved first aid guidance including when to seek help; suitable positioning; monitoring; condition specific treatment; awareness of relevant emergency medication.</p> | MCQ |

| 5. The learner will: Know how to provide first aid to an infant or a child who is experiencing extremes of body temperature | | |
|---|--|-------------------|
| Assessment Guidance | | Types of Evidence |
| 5.1 | <p>The learner must identify when an infant or a child is suffering from: extreme cold; extreme heat including common causes; signs and symptoms of hypothermia; heat exhaustion; heat stroke.</p> | MCQ |
| 5.2 | <p>The learner must identify how to administer first aid for an infant or a child who is suffering from: extreme cold; extreme heat in accordance with current, approved first aid guidance including the common treatment for a casualty with hypothermia; heat exhaustion; heat stroke.</p> | MCQ |

| 6. The learner will: Know how to provide first aid to an infant or a child who has sustained an electric shock | | |
|--|---|-------------------|
| Assessment Guidance | | Types of Evidence |
| 6.1 | <p>The learner must identify how to safely manage an incident involving electricity including the importance of switching off power or contacting power company for high voltage powerlines; keeping others back; use of insulating materials as appropriate; to be aware of the possibility of hidden injuries.</p> | MCQ |
| 6.2 | <p>The learner must identify how to administer first aid to an infant or a child who has suffered an electric shock including common treatment for electric shock; removal from/of electrical supply; treatment of burns; awareness of other injuries; possible need for CPR.</p> | MCQ |

| 7. The learner will: Know how to provide first aid to an infant or a child with burns and scalds | | |
|--|--|-------------------|
| Assessment Guidance | | Types of Evidence |
| 7.1 | The learner must identify how to recognise the severity of burns and scalds including assessing the severity of a burn using the criteria of size; causes; age of the casualty; location of the burn; the depth of burn. | MCQ |
| 7.2 | The learner must identify how to administer first aid to an infant or a child with burns and scalds in accordance with current, approved first aid guidance including placing the burn under running cold water, the reduction of risk of infection, when to seek help. | MCQ |

| 8. The learner will: Know how to provide first aid to an infant or a child with suspected poisoning | | |
|---|--|-------------------|
| Assessment Guidance | | Types of Evidence |
| 8.1 | The learner must identify how poisonous substances can enter the body including injection; ingestion; inhalation; absorption. Poisons to include plants; fungi; medication; cleaning products; food; airborne pollutants; drugs; alcohol. | MCQ |
| 8.2 | The learner must identify how to administer first aid to an infant or a child with suspected sudden poisoning in accordance with current, approved first aid guidance including specific treatment; positioning; when to seek help. | MCQ |

| 9. The learner will: Be able to provide first aid to an infant or a child with anaphylaxis | | |
|--|--|-------------------|
| Assessment Guidance | | Types of Evidence |
| 9.1 | The learner must recognise suspected anaphylaxis in an infant or a child including the common triggers, signs and symptoms of anaphylaxis. | MCQ |
| 9.2 | The learner must identify how to administer first aid to an infant or a child with suspected anaphylaxis in accordance with current, approved first aid guidance including suitable positioning; when to seek help; monitoring. | MCQ |
| 9.3 | The learner must demonstrate the use of a 'training device' adrenaline auto-injector in accordance with manufacturer's instructions. | Observation |

Appendix 2: Specimen Assessment Material

1. At what point should an ambulance be called for a casualty who is having a seizure?

- A Immediately in all cases
- B If the seizure lasts longer than normal
- C Only if the casualty has never had a seizure before
- D Only if the casualty is a child

2. Which **one** of the following is a treatment for a casualty suffering from shock?

- A Allow a drink of warm sweet tea
- B Allow sips of a suitable sports drink
- C Give nothing to eat or drink
- D Provide small amounts of water

3. Which of the following items should **NOT** be found in a first aid kit?

- A Dressings
- B Ice pack
- C Safety pins
- D Paracetamol