

Qualification Specification

A Learner's guide to the
**QNUK Level 2 Award in
Essential First Aid (RQF)**

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Introduction

This qualification specification outlines key information required by learners to ensure they are able to make an informed decision related to the QNUK Level 2 Award in Essential First Aid (RQF)

Qualification purpose

This qualification provides learners with the knowledge required to support competent First Aiders. The qualification provides an awareness of key First Aid skills. It is ideal for those who are unable to perform the role of a first aider but would still benefit from having First Aid knowledge.

Qualification objective

This is a qualification that gives learners personal growth and engagement in learning

Qualification structure

Qualification accreditation number	603/5376/4
Qualification level	2
Guided learning hours (GLH)	6
Total Qualification Time (TQT)	6
Credit value	1
Validity	3 years

Pre-requisites

The recommended minimum age to undertake this qualification is 10 years.

Due to the language of the assessment, it is recommended that learners have sufficient command of the English language in order to understand the assessment and to undertake the recommended assessment methods.

There are no other pre-requisites for this qualification.

Delivery requirements

This qualification is typically delivered in a face-to-face format over a one-day period for new learners.

Learners should complete the qualification within 6 weeks.

Trainer to learner ratio

The maximum trainer to learner ratio for this qualification is 1:12.

Optional and additional units

This unit follows similar content to the QNUK Level 3 Award in Emergency First Aid at Work (RQF). Learners who are unable to physically complete practical assessments may opt to complete that qualification instead.

Blended learning

Blended learning is acceptable for this qualification. Blended learning options will include suitable controls to ensure learners undertake all elements.

No more than one third of the guided learning hours can be taken as blended learning.

All assessments must be undertaken in a moderated environment with the learner and moderator present.

Units of assessment

This qualification is made up of one mandatory unit

Unit one title	Understanding the essentials of first aid
Unit one reference number	R/617/9058
Level	1
Credit	1
Guided learning hours	6
Status	Mandatory

Details on the knowledge, skill and understanding which will be assessed can be found in Appendix 1 and 2 of this document.

Assessment methods

Learners are assessed for this qualification using the following methods:

- Multiple choice question paper
- Practical observation

The assessment will take place under examination conditions; i.e. learners will sit at least 1.25 metres apart and will not be allowed to confer during the examination. No books, including dictionaries, will be permitted during the examination.

Multiple Choice question paper

Each learner will be assessed for this qualification by the completion of a multiple choice examination paper.

Example questions can be found in Appendix 3 of this document.

Method	Multiple choice examination
Language of assessment	English
Grading	Pass/Fail
Pass mark	70% (11/15)
Duration	30 minutes

Practical Observation

Each learner will be assessed for this qualification by the completion of a number of practical assessments.

Learners will be assessed in either performing practical first aid skills, or in providing clear instructions and feedback to another on how to perform these skills.

Method	Practical observation
Language of assessment	English
Grading	Pass/Fail
Pass mark	100%
Duration	As required

Reasonable adjustments

All learners are required to complete the assessment criteria in a manner appropriate to the purpose of the qualification.

The prescribed assessment methods for this qualification should not unfairly disadvantage learners, who would otherwise be able to demonstrate competence in the assessment criteria and in line with the purpose of the qualification.

If you feel the assessment methods above would disadvantage you, please contact your centre to discuss reasonable adjustment.

Results

Once learners have completed their assessment, the centre is required to submit their results to Qualifications Network for moderation within 10 working days of the date of assessment. We will issue verified results and appropriate certification to the approved centre within 7 working days of receiving those results. Results and/or certificates will then be forwarded to learners by the Centre. Learners should expect to receive all results within 20 working days of the date they take the assessment. If they have not received them within 25 working days, they should contact their centre in the first instance.

Progression routes

Learners undertaking this qualification may wish to progress to the QNUK Level 3 Award in First Aid at Work (RQF).

Acceptable forms of I.D.

All learners must provide suitable identification documentation (I.D.) prior to being allowed to take an assessment for this qualification. This is a regulatory requirement. Centres must ensure that all I.D. is checked and the I.D. type noted on the Cohort Register.

Learners who do not have an acceptable form of I.D. will not be allowed to take the assessment.

The list below outlines acceptable forms of identification for learners undertaking a regulated qualification with Qualifications Network.

Ideally learners should provide at least 1 form of photo I.D. If photo I.D is not available, 2 forms of non-photographic I.D can be accepted.

Acceptable forms of photographic I.D (1 required) are:

- Signed UK Photo card driving licence
- Signed passport (any nationality)
- Valid EU Photo identity card
- SIA security licence (with photo)
- Current and valid warrant card issued by HM forces or Police
- Current and valid Prison service card (with photo)
- Proof of age card
- Employee photo identification card
- Student photo identification card for a recognised educational establishment
- Firearms licence (with photo)

Acceptable forms of non-photographic I.D (2 required) are:

- Current driving licence – paper version
- Birth certificate
- Marriage/civil partnership certificate
- Mortgage statement (issued within past 12 months)
- Bank or building society statement (issued within last 3 months)
- Bank or building society account opening confirmation letter (issued within last 3 months)
- Credit card statement (issued within last 3 months)
- Pension or endowment financial statement (issued within last 12 months)
- P45 or P60 statement (issued within last 12 months)
- Council tax statement (issued within last 12 months)
- Valid work permit or visa issue by UK government
- Utility bill – excluding mobile phone bill (issued within last 3 months)
- Benefit statement e.g. child benefit, pension (issued within last 3 months)

Appendix 1 Learning Outcomes and Assessment Criteria

Unit 1 Understanding Essential First Aid

The follow details the learning outcomes for this qualification and the assessment criteria referred to within the assessment and used to determine if a learner has met a learning outcome. Further details of how learning outcomes and assessment criteria are covered is included in Appendix 2 Unit 1 Indicative Content.

		Assessment Method	
		MCQ	Obs
1	Understand the principles of basic First Aid; in relation to:		
1.1	how to summon appropriate assistance and the information they require	✓	
1.2	Identify how to minimise the risk of infection to self and others	✓	
1.3	The principles of consent in First Aid	✓	
2	Know how to assess and manage an incident; in relation to:		
2.1	how to conduct a scene survey		✓
2.2	how to conduct a primary survey of a casualty		✓
3	Know how to provide First Aid to an unresponsive casualty; in relation to:		
3.1	when to administer Cardio-Pulmonary Resuscitation (CPR)		✓
3.2	how to perform CPR using a manikin		✓
3.3	how to use of an Automated External Defibrillator (AED)		✓
3.4	how to place a casualty into the recovery position		✓
4	Know how to provide First Aid to a casualty who is choking; in relation to:		
4.1	identify when choking is: <ul style="list-style-type: none"> • Mild • Severe 	✓	
4.2	how to administer First Aid to a casualty who is choking	✓	
5	Know how to provide First Aid to a casualty who is wounded or bleeding; in relation to:		
5.1	how to administer First Aid to a casualty with: <ul style="list-style-type: none"> • small cuts • grazes • bruises • small splinters 	✓	
5.2	how to administer First Aid to a casualty with minor burns and scalds	✓	
5.3	How to control of external bleeding using a wound dressing		✓
5.4	How to recognise and administer First Aid to a casualty who is suffering from shock	✓	

Appendix 2 Indicative Content

1.1 How to summon appropriate assistance and the information they require

Appropriate assistance; includes alerting bystanders is available. Contacting the emergency services. Knowledge of recognised acronym LIONEL or METHANE

1.2 Identify how to minimise the risk of infection to self and others

Minimise the risk of infection; includes the use of gloves, apron, resuscitation aid. Management of open wounds including minimal touching, no coughing, sneezing or breathing over wound. Correct removal of gloves. Appropriate use of dressings; sterile and in date where possible, open without use of teeth, keep rolled up as much as possible.

1.3 The principles of consent in First Aid

Principles of consent; requirement to have consent in a conscious casualty. A claim of battery could be made where consent has not been given.

2.1 How to conduct a scene survey

Scene survey; an awareness of hazards at the scene, prioritising of bystanders, identifying those involved, identifying equipment available.

2.2 How to conduct a primary survey of a casualty

Conduct a primary survey; the learner can undertake initial checks of a casualties, response, airway and breathing, or clearly instruct another person to do so.

3.1 When to administer Cardio-Pulmonary Resuscitation (CPR)

The learner can differentiate between when a casualty is breathing normally or not and the need to perform CPR based on the findings of the breathing check. The learner is aware of agonal gasps.

3.2 How to perform CPR using a manikin

The learner knows the adult basic life support sequence and can either perform CPR on a manikin or can clearly instruct another person to do so. Compression only CPR is acceptable where the learner is “unwilling or unable” to perform rescue breaths.

3.3 How to use of an Automated External Defibrillator

The learner knows how to apply the pads of an AED, ensure the unit is on and follow the instructions given by the AED. Instructions include; do not touch the patient, stand clear, press to shock and start CPR.

3.4 How to place a casualty into the recovery position

The learner can identify when a casualty should be placed into the recovery position. The recovery position should be in line with the current practice from the Resuscitation Council UK.

Identify when choking is:

- 4.1
- Mild
 - Severe

The learner should be able to recognise the signs and symptoms of both a mild and severe obstruction to the airway and differentiate between both.

4.2 how to administer First Aid to a casualty who is choking

The learner should know the protocol for dealing with an adult casualty who has a mild or severe obstruction to the airway.

How to administer First Aid to a casualty with:

5.1

- small cuts
- grazes
- bruises
- small splinters

The learner will be able to identify the correct treatment for the above minor wounds.

5.2 How to administer First Aid to a casualty with minor burns and scalds

The learner knows the treatment for minor burns and scalds to include cooling with water, minimising the risk of infection, covering as appropriate and when to refer to hospital.

5.3 How to control of external bleeding using a wound dressing

The learner will know the importance of applying pressure to a wound and applying a dressing. They will be able to demonstrate this, or clearly instruct another person to do this.

5.4 How to recognise and administer First Aid to a casualty who is suffering from shock

The learner will recognise common signs and symptoms of a casualty who is suffering from hypovolaemic shock. They will know how to position the casualty, the importance of contacting the emergency services, not allowing anything to eat or drink with the exception of moistening the lips etc.

Appendix 3 Specimen assessment material

1 A casualty has a nosebleed. What can you do to help?

- A** Offer them a cup of warm tea
- B** Ask them to lean forward and pinch their nose
- C** Ask them to lean backwards and pinch their nose
- D** Ask them to place two small dressings in their nostrils.

2 A casualty is choking, they have a severe obstruction to the airway. How many abdominal thrusts are performed in each cycle of treatment?

- A** 3
- B** 5
- C** 10
- D** 15

3 When assessing the scene of an incident, you should:

- A** find some medical gloves before you do anything else
- B** identify those involved and what help may be needed
- C** always call the emergency services and stand back until they arrive
- D** find out who was at fault before helping casualties