

*A Learner's guide to the*  
**QNUK Level 3 Award in**  
**Responding to Anaphylactic Reactions**  
**(RQF)**

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## Introduction

This qualification specification outlines key information required by learners to ensure they are able to make an informed decision in regard to the qualifications they are undertaking.

## Qualification purpose

This qualification is aimed those working with individuals at significant risk of having an anaphylactic reaction, this includes children. The qualification has been mapped to current Resuscitation Council (UK) guidelines.

The qualification is an ideal bolt on to other First Aid qualifications such as the QNUK Level 3 Award in Emergency First Aid at Work (RQF) or the QNUK Level 3 Award in Paediatric First Aid (RQF). The qualification can also be undertaken as an annual refresher for qualified first aiders.

## Qualification objective

This qualification has the purpose of supporting a role in the workplace.

## Qualification structure

<b>Qualification accreditation number</b>	603/2457/0
<b>Qualification level</b>	3
<b>Guided learning hours (GLH)</b>	3
<b>Total Qualification Time (TQT)</b>	5
<b>Credit value</b>	1
<b>Validity</b>	12 months

## Pre-requisites

This qualification is aimed at those over 16 who are able to undertake the responsibilities associated with administering an adrenaline auto injector.

Learners between 14-16 years can undertake the qualification, however they should not be relied upon by employers to be the responsible person for supporting an individual with an allergy.

Due to the language of the assessment, it is recommended that learners have sufficient command of the English language in order to understand the assessment and to undertake the recommended assessment methods.

Attendees will be required to demonstrate First Aid procedures as they would in a real work environment. This includes providing CPR to a casualty who is on the floor, therefore be physically capable of doing so.

There are no other pre-requisites for this qualification.

## Delivery requirements

This qualification is typically delivered in a face-to-face format over a half-day period.

Learners should complete the qualification within 4 weeks.

### Trainer to learner ratio

The maximum trainer to learner ratio for this qualification is 1:12.

### Optional and additional units

Learners may take this qualification as a bolt-on to other First Aid courses. Where this occurs, learners will need to complete at least 60-90 mins learning time to consolidate the additional content.

## Blended learning

Blended learning is not acceptable for this qualification.

## Units of assessment

This qualification has one mandatory unit

<b>Unit one title</b>	Supporting an individual with an anaphylactic reaction
<b>Unit one reference number</b>	R/616/4947
<b>Level</b>	3
<b>Credit</b>	1
<b>Guided learning hours</b>	3
<b>Status</b>	Mandatory

Details on the knowledge and understanding which will be assessed can be found in Appendix 1 and 2 of this document.

## Assessment methods

Learners are assessed for this qualification using the following methods:

- Multiple choice question paper
- Practical observation

The assessment will take place under examination conditions; i.e. learners will sit at least 1.25 metres apart and will not be allowed to confer during the examination. No books, including dictionaries, will be permitted during the examination.

### Multiple choice question paper

Each learner will be assessed for this qualification by the completion of a multiple choice examination paper.

Example questions can be found in Appendix 3 of this document.

<b>Method</b>	Multiple choice examination
<b>Language of assessment</b>	English
<b>Grading</b>	Pass/Fail
<b>Pass mark</b>	70% (5/7)
<b>Duration</b>	20 minutes

### Practical observation

Each learner will be assessed for this qualification by the completion of a number of practical assessments.

<b>Method</b>	Practical observation
<b>Language of assessment</b>	English
<b>Grading</b>	Pass/Fail
<b>Pass mark</b>	100%
<b>Duration</b>	As required

## Reasonable adjustments

All learners are required to complete the assessment criteria in a manner appropriate to the purpose of the qualification.

For this qualification learners must be able to perform relevant practical tasks on the floor during the summative assessment.

The prescribed assessment methods for this qualification should not unfairly disadvantage learners, who would otherwise be able to demonstrate competence in the assessment criteria and in line with the purpose of the qualification.

If you feel the assessment methods above would disadvantage you, please contact your centre to discuss reasonable adjustment.

## Results

Once learners have completed their assessment, the centre is required to submit their results to Qualifications Network for moderation within 10 working days of the date of assessment. We will issue verified results and appropriate certification to the approved centre within 7 working days of receiving those results. Results and/or certificates will then be forwarded to learners by the Centre. Learners should expect to receive all results within 20 working days of the date they take the assessment. If they have not received them within 25 working days, they should contact their centre in the first instance.

## Progression routes

Learners undertaking this qualification may wish to progress to the QNUK Level 3 Award in First Aid at Work (RQF)

## Acceptable forms of I.D.

All learners must provide suitable identification documentation (I.D.) prior to being allowed to take an assessment for this qualification. This is a regulatory requirement. Centres must ensure that all I.D. is checked, and the I.D. type noted on the Cohort Register.

Learners who do not have an acceptable form of I.D. will not be allowed to take the assessment.

The list below outlines acceptable forms of identification for learners undertaking a regulated qualification with Qualifications Network.

Ideally learners should provide at least 1 form of photo I.D. If photo I.D is not available, 2 forms of non-photographic I.D can be accepted.

Acceptable forms of photographic I.D (1 required) are:

- Signed UK Photo card driving licence
- Signed passport (any nationality)
- Valid EU Photo identity card
- SIA security licence (with photo)
- Current and valid warrant card issued by HM forces or Police
- Current and valid Prison Service card (with photo)
- Proof of age card
- Employee photo identification card
- Student photo identification card for a recognised educational establishment
- Firearms licence (with photo)

Acceptable forms of non-photographic I.D (2 required) are:

- Current driving licence – paper version
- Birth certificate
- Marriage/civil partnership certificate
- Mortgage statement (issued within past 12 months)
- Bank or building society statement (issued within last 3 months)
- Bank or building society account opening confirmation letter (issued within last 3 months)
- Credit card statement (issued within last 3 months)
- Pension or endowment financial statement (issued within last 12 months)
- P45 or P60 statement (issued within last 12 months)
- Council tax statement (issued within last 12 months)
- Valid work permit or visa issue by UK government
- Utility bill – excluding mobile phone bill (issued within last 3 months)
- Benefit statement e.g. child benefit, pension (issued within last 3 months)

## Appendix 1 Learning Outcomes and Assessment Criteria

### Unit 1 Supporting an individual with an anaphylactic reaction

The following details the learning outcomes for this qualification and the assessment criteria referred to within the assessment and used to determine if a learner has met a learning outcome. Further details of how learning outcomes and assessment criteria are covered is included in Appendix 2 Unit 1 Indicative Content.

		Assessment Method	
		MCQ	Obs
<b>1</b>	<b>Be able to assess an incident; in relation to:</b>		
1.1	conducting a scene survey		✓
1.2	conducting a primary survey of a casualty		✓
1.3	summoning appropriate assistance when necessary		✓
<b>2</b>	<b>Be able to provide First Aid to an unresponsive casualty that is not breathing normally; in relation to:</b>		
2.1	when to administer Cardio-Pulmonary Resuscitation (CPR)		✓
2.2	demonstrating CPR using a manikin		✓
2.3	demonstrating CPR for: <ul style="list-style-type: none"> <li>• a child</li> <li>• an infant</li> </ul>		✓
<b>3</b>	<b>Be able to provide First Aid to an unresponsive casualty that is breathing normally; in relation to:</b>		
3.1	when to place a casualty into the recovery position		✓
3.2	demonstrating how to place a casualty into the recovery position		✓
<b>4</b>	<b>Be able to recognise and manage a casualty suffering with a severe allergic reaction; in relation to:</b>		
4.1	common triggers for anaphylaxis	✓	
4.2	how to minimise the risk of an allergic reaction	✓	
4.3	recognising suspected anaphylaxis	✓	
4.4	how to administer First Aid for a casualty suffering from anaphylaxis	✓	
4.5	demonstrating the correct use of approved adrenaline autoinjectors		✓

## Appendix 2 Indicative Content

### 1.1 Conducting a scene survey

Learners can demonstrate an awareness of the environment, other hazards, bystanders and available First Aid equipment.

### 1.2 Conducting a primary survey of a casualty

Learners can conduct a primary survey of a casualty, to include; dangers, response, open airway and breathing check.

### 1.3 Summoning appropriate assistance when necessary

Learners will know the type of assistance they require; whether bystanders or the emergency services, on completion of a primary survey.

### 2.1 When to administer Cardio-Pulmonary Resuscitation (CPR)

Learners know how to differentiate between casualties who require resuscitation and when they should be placed into a recovery position. Learners will also be aware of agonal gasps.

### 2.2 Demonstrating CPR using a manikin

The learner will demonstrate basic CPR in accordance with current Resuscitation Council (UK) guidelines, to include the use of an AED including the placement of pads and following of AED instructions.

### 2.3 Demonstrating CPR for:

- a child
- an infant

Learners will be able to demonstrate CPR for an infant and child to include modifications for the adult CPR protocol

### 3.1 When to place a casualty into the recovery position

Learners know how to differentiate between casualties who require resuscitation and when they should be placed into a recovery position.

### 3.2 Demonstrating how to place a casualty into the recovery position

The learner can demonstrate the recovery position, as outlined by the latest Resuscitation Council (UK) guidelines.

### 4.1 Common triggers for anaphylaxis

Learners should be able to identify common triggers, including: nuts, seeds, stings, shellfish, fish, kiwi fruit, milk and eggs.

### 4.2 How to minimise the risk of an allergic reaction

Learners will be able to identify common ways to reduce the risk of exposure to allergens. This includes the purchasing and preparation of food, use of latex, hair dye and other chemicals.

### 4.3 Recognising suspected anaphylaxis

Learners will know the common triggers, signs and symptoms of anaphylaxis. They will be able to differentiate between allergic reactions, anaphylaxis and intolerances.



**4.4 How to administer First Aid for a casualty suffering from anaphylaxis**

Learners will know the recommended First Aid treatment for a casualty with suspected anaphylaxis, to include suitable positioning, when to seek help and monitoring.

**4.5 Demonstrating the correct use of approved adrenaline autoinjectors**

Learners will be able to demonstrate the use of a training AAI device in line with manufacture's instructions

## Appendix 3 Specimen Assessment Material

**1** Which of the following is a common allergen found in a First Aid container?

- A** Safety pins
- B** Sterile dressings
- C** Plasters
- D** Eye wash

**2** Which of the following is a sign of an allergic reaction?

- A** Purple rash that doesn't fade when pressed
- B** Red blotchy skin and swelling
- C** Loss of colour and signs of cyanosis
- D** Flushed skin and chest pain

**3** When planning to take children who have food allergies to a restaurant, what action should be taken to minimise the risk of an allergic reaction?

- A** Contact the restaurant and ask for a menu and list of ingredients
- B** Speak to friends have been to the restaurant and see if they had problems
- C** Check online reviews about the restaurant
- D** Allow the children to order what they want but carry their medication